

## 10 Pictures to Take in November

**Check off the pictures as you take them!**

\*The first three are pictures I (personally) think you should try to take every month. They require you to just stop and observe the ever-changing world around you. As you take each picture, live in the moment, and realize that the challenges and miracle of something as big as this universe we live in, existing now and even beyond our own existence, is *a cause to just sit back and appreciate the simplistic beauty in just living...*

1	<b>A Sunrise</b>
2	<b>A Sunset</b>
3	<b>A Full Moon</b> (Or the stars if you can get them)
4	<b>Last leaves on a branch</b> – to signify The End is really just the beginning. That <i>Death only leads to Rebirth</i> . Let this signify your rebirth.
5	<b>A Reflection of “something” in a puddle of water</b> – this signifies <i>there is always a different perspective</i> . Try seeing life from an angle you hadn’t tried before.
6	<b>A Meal you are excited to eat/or helped to prepare</b> – Let this be a reminder that <i>your belly is full</i> , when so many others are not. <i>Gratitude should inevitably lead to charity</i> . When you have so much. Willingly give to others so that <i>your cup may continue to “runneth over.”</i>
7	<b>A Messy Counter or Table after guests or a visitor have left</b> – So you can remember you <i>had a visitor</i> , and for a moment – you were (and probably still are) <i>Important to Someone</i> .
8	<b>An Evergreen Plant</b> – some things can endure the coldest treatments – <i>Be the Evergreen</i> .
9	<b>Something that represents an achievement of yours that you are proud of</b> – Whether big, like a <i>house</i> , a <i>car</i> , a <i>child</i> – or small, like a pin that you received for <i>Honorable Merit</i> at work, or a <i>mug that says your #1</i> – gifted from a subordinate... Take a picture of it. Let your heart fill with gratitude for your accomplishment. When you visually praise the completion of your goals, <i>you make it easier to reach new ones</i> .
10	<b>Something that whenever you pass by it, makes you smile; tickles your fancy in one way or another</b> – Sometimes it’s a child’s drawing on the refrigerator, or a statue in the park, or a billboard on a stretch of highway... Sometimes we get so used to seeing these things that they simply become part of the landscape, and we smile almost unconsciously. <i>But live in the moment</i> , recognize what made you smile. <i>Take a picture of it</i> , so you always have a “copy” of that happiness prompt... Unless, the thought of realizing one day, that “(it) used to be there, and since when has it been gone?” – <i>Doesn’t bother you...</i>