

# My Personal Road Map (Numerology)

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## Birth Day Number

(Your **Birth Day Number** will reveal your *Greatest Attribute*; what your place is in this world, shorthand. So, in regards to the Road Map, this would be your job/task that you're in charge of... Think of it as if you were on a road trip with your friends: who is best suited to do the driving, the navigating; who should be in charge of snacks, moral, music, etc.?)

\*There is no "formula" to find your **Birth Day Number**, no math involved, either. It is simply the day you were born on. Two digit birth days DO NOT get broken down further in this exercise. And, we will be using only *worldnumerology.com* for our information collection.

My Birth Day Number is \_\_\_\_\_

*I* \_\_\_\_\_

*And I* \_\_\_\_\_

From *worldnumerology.com*, copy down ALL of the information about you, from your **Birth DAY Number**, sentence by sentence. You can use shorter sentence form as necessary/desired, BUT the IMPORTANT PART is... You will be rewriting the sentences as "I AM" Statements, as AFFIRMATIONS. In some of the **Birth Day Number** descriptions, there are included words of caution/wisdom, and/or advice; turn these statements into instructions that can just be written below your Affirmations, as they follow, with no need to mark the Agree/Disagree boxes.

An Example of this (taken from **Birth Day #7** {My Birth Day} on *worldnumerology.com*) is if the sentence you read says, "You can be opinionated and stubborn. You must guard against becoming too analytical, cold-hearted, and cynical." you will rewrite it as; "I can be opinionated and stubborn. (First line) I must guard against becoming too analytical, cold-hearted, and cynical (second line)" Then, place an "x" or a check mark (however you want to do it, is fine) in the box that matches if you AGREE or DISAGREE with the statement.

<i>I AM Statements</i>	<i>Agree?</i>	
	<i>Yes</i>	<i>No</i>

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<i>I AM Statements... continued</i>	<i>Agree?</i>	
	<i>Yes</i>	<i>No</i>

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Now that you have written down SOME VERY POWERFUL AFFIRMATIONS of your character and talents, look them over, and see which ones you marked that you AGREE with. Use the chart below to give some real life examples from your own experiences that reflect how these traits are (or have been) exhibited in your life.

Using the Example from earlier, "*I can be opinionated and stubborn*", I would've marked that *YES, I AGREE*. Then, to illustrate how this is reflected in *my life* I'd write something like, "People closest to me argue with me just to get me mad, not to really sway my opinions because they know they can't."

*Affirmation I AGREE with*

*Example from my life*


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*Affirmation I AGREE with*

*Example from my life*


Now, if there happens to be statements that you marked that you DID NOT AGREE with, do the same thing in the chart below, as you did above, using instead the statements that you marked NO, you DID NOT AGREE with.

If the statement from the Example I've been using, about being opinionated & stubborn, did NOT resonate with me, an experience that might reflect that would be something like; "I tend to keep my mouth shut/opinions to myself, and/or go with the general consensus of the group." Or, a better, shorter answer could be; "I HATE arguing and am rarely confrontational."

*Affirmation I DISAGREE with*

*Example from my life*


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*Affirmation I DISAGREE with*

*Example from my life*


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On this page, write down within the bubbles the "I AM" Statements/Affirmations, and/or Words of Wisdom/Advice/Caution, etc. that resonated the most with you... those words that felt like they were ABSOLUTE TRUTHS... or the things about YOU that YOU need to be reminded of. If desired, Use colored ink, pencils, or crayons to make this page POP!

