

My Personal Road Map (Numerology)

Soul Urge/Heart's Desire Number

(What moves you, what you are constantly pulled to do, good or bad. This number demonstrates what about your journey is the most important- to YOU; what motivates you & hinders you on your core soul level. In regards to your Personal Road Map, the **Soul Urge/Heart's Desire Number** suggests what is **DRIVING** you to take the trip, in the first place... As an example, on a road trip are you all 'business' (get there quickly & enjoy the destination)? Or, are you all 'pleasure' (enjoying the "getting there", seeing & touching & experiencing the route, itself?)

*For this exercise, we will do something a bit different and start with some personal reflection- first. So, before you are sent to any site to be told what your inner soul yearns for, you are going to write down- What your inner soul yearns for- according to what you think you know about yourself, so far.

For the following spaces provided: Read the prompts, answer them as honestly & fully as you can. Use the backs of your papers if you need more space. Take your time to really explore the depths of your desires. Answer these questions as if life is ideal, with NOTHING blocking you or holding you back. DO NOT answer them with conjunctions like, "I'd be happy IF", or, "If people weren't assholes I'd be happy," etc. Let's believe for a moment that you actually DO deserve to be happy & to follow your deepest desires, even IF you have felt that wasn't true, up to this point. And there is no RIGHT or Wrong answers, and no answer is too big or too small. If what makes you happy is getting a pedicure, or buying a latte, write it down. Short answers are okay, no need for full sentences.

Let's begin...

Things I enjoy doing for MYSELF:

Things I enjoy doing for OTHERS:

I feel HAPPY when I:

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I feel CONTENT when people closest to me:

*Rewrite the following values, according to what's most important to you.
The most important on the top line, least important on the bottom line:
(This is "borrowed" from Tony Robbins)*

Being Certain of the Outcome	
Having Variety (Uncertainty)	
Being Significant/Important	
Having a Connection/LOVE	
Personal Growth	
Making a Contribution	

For the chart below, circle what best finishes each statement. The empty boxes are there for you to fill in if an answer has not been provided.

Being with Family is:	Easy	Hard	Complicated	
Working with Others is:	Easy	Hard	Complicated	
When I am Alone, I:	Relax	Panic	Eat	Sleep
	Read	Do Social Media	Workout	Watch TV

If I could change anything about the world, for better or for worse, I would:

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I wish I could (MORE statement: do more of/ have more of/ be more, etc.):

The thing I think/feel I do best is:

The thing I get the most compliments for, about myself, from others (not physical trait-related) is:

For the next two tables, Circle the answer that best applies:

People come to me for help with LIFE- Changing decisions	Always	Sometimes	Never
People ask my opinion for smaller choices like where to eat, shop, or take their car	Always	Sometimes	Never
I'm the FIRST one to know or be told BIG SECRETS	Always	Sometimes	Never

I would describe my desired comfort level in life as:

Slow & Steady	Hard, Fast & to the point	Combination of Valleys, Peaks, & plateaus
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Okay, now that you've done some thinking on what drives you, let's get into what the **Soul Urge/Heart's Desire** Number says about you, according to the two websites we've been using.

*To find your **Soul Urge/Heart's Desire** Number, you will use ONLY the VOWELS in your FULL NAME AT BIRTH. Meaning, ONLY: A, E, I, O, and U will be given a value for this lesson. So, let's use the Name example from **Lesson #2**, Graham Wilbur Boxworth, to show how to find the **Soul Urge/Heart's Desire** Number.

Graham
Wilbur
Boxworth

Using the chart from page 1, we get:
 A=1 = A=1
I=9 U=3
O=6 O=6

Next, we add each name's collection of numbers.

Graham (1+1=2) A+A =2
Wilbur (9+3=12) (Break down further, 1+2=3) I=U =3
Boxworth (6+6=12) (Break down further, 1+2=3) O+O =3

Next, add ALL 3 numbers... (2+3+3=8)

So, Graham Wilbur Boxworth has a **Soul Urge/Heart's Desire** Number of **8**

*Please Note, if you get an 11, 22, or 33, DO NOT break it down further, it is a **Master Number**. See the bonus lesson online to find out more & download the additional lesson for that type of number

Use this space to do your calculations

My Soul Urge/Heart's Desire Number is _____

What does this SU/HD Number mean, by definition (via numerologist.com)?

- _____

- _____

- _____

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Second Opinion/Clarification of Meaning for My SU/HD Number (from worldnumerology.com, and other sources too, if necessary!)

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